



YENEPOYA

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956
Accredited by NAAC with 'A+' Grade

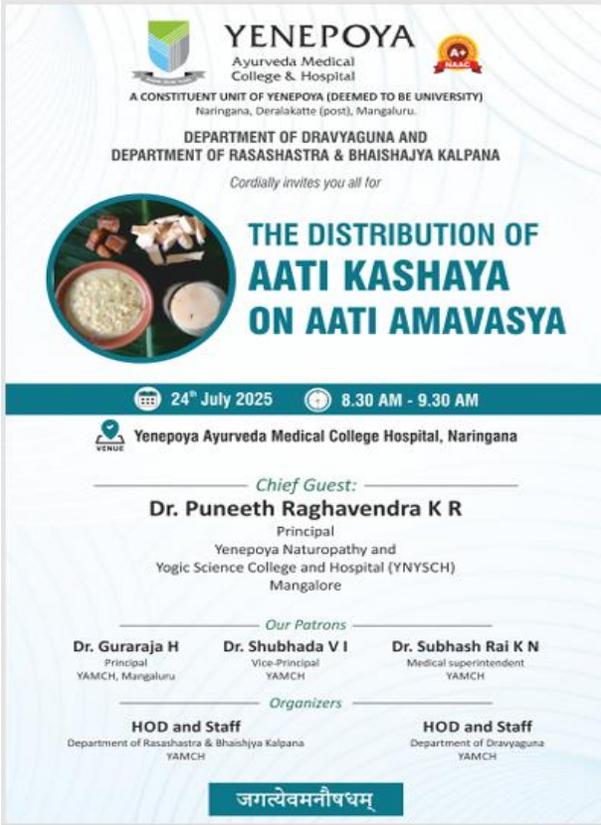
EVENT REPORT

1	Title of the event	Aati Kashaya Distribution Program 2025
2	Date of the event	24-07-2025
3	Organizing department / centre / college	Department of DravyagunaVignana and Department of Rasashastra and BhaishajyaKalpana
4	Organizing committee members	Dr Asha Maradka - Organizing Chairman Dr Shridhar Gokhale-- Organizing Chairman Dr Srilakshmi G V - Organizing Members Dr Balakrishna Kumara A- Organizing Members Dr Anju C- Organizing Members
5	Name / s of the resource person, designation and affiliation	Dr Puneeth Raghavendra K R Principal Yenepoya Naturopathy and Yogic Science College and Hospital, Mangalore.



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6	Event schedule (<i>enclose brochure if available</i>)	
7	<p>Brief report of the event: The Departments of Dravyaguna and Rasashastra & Bhaishajya Kalpana collaboratively conducted the Aati Kashaya Distribution Program on the auspicious day of Aati Amavasya, 24th July 2024. The program was graced by Dr. Puneeth Raghavendra, Principal, Yenepoya Naturopathy and Yogic Science College and Hospital, Naringana, Mangalore, as the Chief Guest. He formally inaugurated the program by distributing Aati Kashaya to the public. Dr. Gururaja H, Principal, and Dr. Subhash Rai K N, Medical Superintendent, also graced the occasion with their presence on the dais. The herbal decoction “Aati Kashaya,” traditionally known for its seasonal health benefits, was distributed to over 300 beneficiaries, including teaching and non-teaching staff of Ayush campus, students, and the general public. Ms. Shreelakshmi M. R, Intern, compered the program effectively.</p>	
8	Which Sustainable Development Goals (UN-SDGs) are aligned to this event?	<ul style="list-style-type: none">• SDG 3: Good Health and Well-being• Promotes preventive healthcare and traditional medicine awareness.• Encourages use of natural remedies to maintain immunity and community



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		<p>health.</p> <ul style="list-style-type: none"> • Supports holistic well-being in line with Ayurveda and traditional practices. <p>• SDG 12: Responsible Consumption and Production</p> <ul style="list-style-type: none"> • Encourages sustainable use of medicinal plants and local herbal resources. • Promotes eco-friendly, locally sourced, and low-waste healthcare solutions. <p>• SDG 15: Life on Land</p> <ul style="list-style-type: none"> • Highlights the importance of conserving medicinal plant biodiversity. • Promotes sustainable harvesting and cultivation of herbal plants. <p>• SDG 4: Quality Education</p> <ul style="list-style-type: none"> • Spreads knowledge on traditional healthcare and lifestyle practices. • Educates the public on the scientific and cultural importance of herbal medicine. 						
9	Outcome of the event	This program aimed to revive traditional Ayurvedic practices and promote community health through the use of time-honored herbal formulations. The program received an enthusiastic response and contributed to spreading awareness about preventive healthcare.						
10	Number of beneficiaries (Attach copy of the attendance sheet)	<table border="1"> <tr> <td>Students</td> <td>100</td> </tr> <tr> <td>Teachers</td> <td>30</td> </tr> <tr> <td>Others (specify)</td> <td>200</td> </tr> </table>	Students	100	Teachers	30	Others (specify)	200
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11	Attach geotagged photographs of the event with appropriate captions (Max TWO).							



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Fig 1: Inauguration of Program by distributing the Kashaya

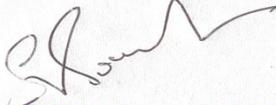


Fig 2: Distribution of Kashaya to staff and general public



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12	Seal and signature of the organizer	 <p>HOD Department of Dravyaguna Yenepoya Ayurveda Medical College & Hospital</p>  <p>Head of the Department DEPARTMENT OF RASASHASTRA EVAM BHAISHAJYA KALPANA Yenepoya Ayurveda College Naringana</p>
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